

Examples of Impact - 2018

Raising awareness in communities

In partnership with Age Scotland we co-launched the Eating Well for Older People resource



Supporting innovations in the community

We have issued 23 grants from across 11 Health Boards to support innovations in the community



Small Ideas
Big Impact
Fund



Policy into practice

We have produced a series of project briefs to generate discussion and engagement about tackling malnutrition in the community



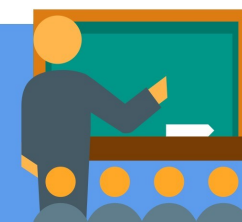
Research & Evaluation

We have a partnership in place with Glasgow University to measure malnutrition in older people in the community



Capacity building

We have trained 157 carers and professionals on how to identify and raise awareness of malnutrition



Impact Highlights - 2018

Engagement & Awareness Raising

Engaged with
10,173
people about
Eat Well Age Well

- 3 project briefings to stakeholders
- Engaged with 249 older people at events
- Eat Well Age Well conference with 65 delegates
- Each month we reach 359 stakeholders with our e-news

Resources



We have issued **131** malnutrition toolkits and **572** malnutrition leaflets

We have helped **2513** older people by providing our Eat Well Guide



Innovations in the Community

93 Paperweight Armbands
208 Key Question cards
issued to raise awareness of malnutrition



We have piloted
"EatWell2Go"
meal delivery service



59

older people screened using
Nutrition Checklist

Small Grants

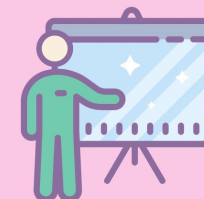
We have issued
23 grants
Across **11**
Scottish Health Boards

=

£70,000
to support older people
to eat well, age well
& live well

Training

We have trained **157** carers,
volunteers and other staff



We have trained **32** staff on
evaluation support