

Eat Well Age Well

Small Ideas, Big Impact fund recipients

AYRSHIRE AND ARRAN

Glendoune Community Association

Funding awarded: £4,875.00

Purpose: Weekly Lunch Club

SCOTTISH BORDERS

Hawick Men's Shed

Funding Awarded: £4,393.00

Purpose: Men's Kitchen and cookery skills project

DUMFRIES & GALLOWAY

Annan Day Centre

Funding Awarded: £3,300.00

Purpose: Social meals and delivery of meals at home

FIFE

Cupar YMCA-YWCA

Funding Awarded: £1,400.00

Purpose: Men's Cookery skills and lunches

The Ecology Centre

Funding Awarded: £4,973.00

Purpose: Dementia friendly equipment and eating

Greener Kirkaldy

Funding Awarded: £5,000.00

Purpose: Weekly cookery club for older people

FORTH VALLEY

Sunlite Community Café

Funding Awarded: £4,050.00

Purpose: Dementia awareness and capacity building including a dementia friendly café

Falkirk and Clackmannanshire Carers Centre

Funding Awarded: £5000,00

Purpose: Men's group with cooking skills and food sharing

GRAMPIAN

Aberdeen Multicultural Centre

Funding Awarded: £4,800.00

Purpose: Weekly themed multicultural meals for older people

Bon Accord Support Services

Funding Awarded: £1,870.00

Purpose: Weekly themed multicultural meals for older people

New Deer Community Association

Funding Awarded: £475.00

Purpose: Community lunch for older people

GREATER CLYDE & GLASGOW

Neilston Development Trust

Funding Awarded: £2,500.00

Purpose: Cooking skills classes for carers and older people

Springburn Park Men's Shed

Funding Awarded: £4,800.00

Purpose: Weekly hot meals lunch club

Cairnmore Resource Centre – Older Adult Community Mental Health Team

Funding Awarded: £1,100.00

Purpose: Nutritional meal planning activities (older people and mental health)

Mearns Kirk Helping Hands

Funding Awarded: £790.00

Purpose: Fortnightly breakfast club for older men

HIGHLAND

MacKenzie Centre

Funding Awarded: £2,000.00

Purpose: Hot evening snack for older people and unpaid carer

Dementia Friendly Communities Ltd

Funding Awarded: £4,415

Purpose: Provision of dementia friendly snack bags for the weekend

LANARKSHIRE

NHS Lanarkshire

Funding Awarded: £350.00

Purpose: Meal planning for older people getting care at home

LOTHIAN

Stoneyburn and Bents Future Vision Group

Funding Awarded: £4,616.00

Purpose: Lunch club and daily contact calls

Dunbar Grammar School

Funding Awarded: £5,000.00

Purpose: Intergenerational evening dinner with activities held at the school

Joanna Teece

Funding Awarded: £70.00

Purpose: Intergenerational tea party with food first approach

Edinburgh Community Food

Funding Awarded: £4,880.00

Sheltered housing cookery and food group partnership

TAYSIDE

St Mary's Community Church

Funding Awarded: £3,864.80

Purpose: Fortnightly evening community meal